

The 16 types and how they relate

The 16 types

By quadra. Each pill joins a pair of duals.



The 14 relations

INNER-QUADRA SYMMETRIC

Identity You see the world the same way and understand each other instantly, though neither fills the other's gaps.

Duality Each of you naturally supplies what the other needs, so time together feels restful and easy.

Activity Shared values and quick mutual energy: lively and motivating in bursts, best with some breathing space between.

Mirror You share values but tackle things from opposite ends, which makes for useful discussion and fresh perspectives.

OUTER-QUADRA ASYMMETRIC

Benefit One of you readily offers ideas and help the other values, so support flows mostly in one direction.

Supervision One partner's strength touches the other's sensitive spot, so thoughtful feedback and patience make it work.

Supervision and Benefit work in one direction: one type supervises or benefits the other, and the roles don't reverse.

OUTER-QUADRA SYMMETRIC

Partial-duality A warm, promising pull with real help on offer, though some of each other's needs are left unmet.

Mirage Easy, relaxing company that suits free time, though you may approach practical work quite differently.

Super-ego Mutual respect from a distance: each admires what the other does well, while closeness takes conscious effort.

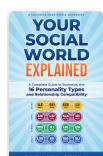
Extinguishing You think alike in many ways but reach different conclusions, which sparks debate and sharpens both your views.

Quasi-identity You cover similar ground from different angles, so there's plenty to learn once you translate each other's approach.

Kindred You share a core strength, so rapport comes easily, with gentle differences in how each of you applies it.

Business Practical and productive: you work well alongside each other on shared tasks, at a comfortable, friendly distance.

Conflicting Your strengths sit in each other's blind spots, so understanding takes patience, clear agreements and some space.



Full profiles of every type and relation in *Your Social World Explained*

www.yoursocialworldexplained.com

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